

## **Performance Readiness** **by Dr. Julie Knerr**

1. Play on the fallboard or a table
2. Play slow like a turtle
3. Play fast like a cheetah
4. Play with your eyes closed
5. Play quietly
6. Play loudly
7. Close your eyes, and imagine yourself performing as you play in the air
8. Play at performance tempo
9. Practice walking, sitting, bowing, beginning, ending
10. Play with the metronome
11. Say the names of the beginning notes in each hand without looking at the piano
12. Play while your teacher plays along
13. Video record yourself and watch the video
14. Audio record yourself and listen to the audio
15. Play silently on the surface of the keys
16. Practice your entire performance (including bows)
17. Play on a different piano
18. Play with your shoes on. Play with your shoes off.
19. Sing while you play
20. Play for family or for a friend

1

PLAY ON THE FALLBOARD

2

PLAY SLOW  
LIKE A TURTLE

3

PLAY FAST  
LIKE A CHEETAH

4

PLAY WITH YOUR  
EYES CLOSED

5

PLAY QUIETLY

6

PLAY LOUDLY

7

CLOSE YOUR EYES  
IMAGINE YOURSELF  
PERFORMING WHILE YOU PLAY  
IN THE AIR

8

PLAY AT  
PERFORMANCE TEMPO

9

PRACTICE WALKING,  
SITTING, BOWING,  
BEGINNING, ENDING

10

PLAY WITH THE  
METRONOME

11

SAY THE NAMES OF THE  
BEGINNING NOTES IN EACH  
HAND WITHOUT LOOKING AT  
THE PIANO

12

PLAY WHILE YOUR  
TEACHER PLAYS ALONG

13

VIDEO RECORD YOURSELF  
AND WATCH THE VIDEO

14

AUDIO RECORD YOURSELF  
AND LISTEN TO THE AUDIO

15

PLAY SILENTLY ON THE  
SURFACE OF THE KEYS

16

PRACTICE YOUR ENTIRE  
PERFORMANCE  
(INCLUDING BOWS)

17

PLAY ON A DIFFERENT  
PIANO

18

PLAY WITH YOUR SHOES ON.  
PLAY WITH YOUR SHOES OFF.

19

SING WHILE YOU PLAY

20

PLAY FOR YOUR FAMILY OR  
FOR A FRIEND